

<b>Team</b>	<b>Coach 1</b>	<b>Coach 2</b>	<b>Practice Day</b>	<b>Practice Time</b>
iMites	Bo Theodore	Jimmy Sfiris	Friday	5:30 – 6:15
	<a href="mailto:bo@ajtheodorecpa.com">bo@ajtheodorecpa.com</a>	<a href="mailto:jsfiris@gmail.com">jsfiris@gmail.com</a>		
	(864) 313-1201	(864) 420-7293		
Mites Girls	Bo Theodore	Jimmy Sfiris	Friday	6:15 – 7:15
	<a href="mailto:bo@ajtheodorecpa.com">bo@ajtheodorecpa.com</a>	<a href="mailto:jsfiris@gmail.com">jsfiris@gmail.com</a>		
	(864) 313-1201	(864) 420-7293		
Mites Boys	AJ Theodore	Thomas Sinclair	Thursday	5:45 – 6:45
	<a href="mailto:aj@ajtheodorecpa.com">aj@ajtheodorecpa.com</a>	<a href="mailto:Tsinclair8@yahoo.com">Tsinclair8@yahoo.com</a>		
	(864) 313-1202	(864) 313-9563		
Minor Girls	Peter Couchell	Mani Paouris	Thursday	6:45 – 8:00
	<a href="mailto:Couchell@furmancap.com">Couchell@furmancap.com</a>	<a href="mailto:epaouris@yahoo.com">epaouris@yahoo.com</a>		
	(864) 505-9562	(864) 906-6068		
Minor Boys - Theodore	AJ Theodore	Thomas Sinclair	Thursday	7:00 – 8:00
	<a href="mailto:aj@ajtheodorecpa.com">aj@ajtheodorecpa.com</a>	<a href="mailto:Tsinclair8@yahoo.com">Tsinclair8@yahoo.com</a>		
	(864) 313-1202	(864) 313-9563		
Minor Boys - Smith	Scott Smith	Jim Cavanos	Friday	5:30 – 6:30
	<a href="mailto:scott.smith42671@yahoo.com">scott.smith42671@yahoo.com</a>	<a href="mailto:jim.canavos@gmail.com">jim.canavos@gmail.com</a>		
	(864) 354-5865	(864) 205-6082		
Junior Girls	Katie Paraskevas		Wednesday	5:45 – 7:00

	<a href="mailto:kgaffney04@gmail.com">kgaffney04@gmail.com</a>			
	(864) 238-0155			
Junior Boys	Thano Paraskevas		Wednesday	7:15 – 8:30
	<a href="mailto:aparask@g.clemson.edu">aparask@g.clemson.edu</a>			
	(864) 908-4055			
Senior Girls	Peggy Kourlas		Sunday	1:30 – 3:00
	<a href="mailto:peggykourlas@gmail.com">peggykourlas@gmail.com</a>			
	(864) 915-3485			
Senior Boys	Bo Theodore		Sunday	4:00 – 5:30
	<a href="mailto:bo@ajtheodorecpa.com">bo@ajtheodorecpa.com</a>			
	(864) 313-1201			